**NOTE:** ITEMS IN GREEN ARE VEGAN

### SUNDAY
**LUNCH**
- Parmesan Chicken, Pan Seared Mahi Mahi, wild rice, fried zucchini sticks, and a San Fran veggie blend

**DINNER**
- Hickory Smoked Marinated Pork Loin, Southern Fried Chicken, baby bakers, steamed rice, brown gravy, pinto beans, turnip greens, cornbread, and homemade rolls

### MONDAY
**LUNCH**
- Blackened Shrimp, Black Angus Flat Iron Steak, red skinned potatoes w julienne peppers and onions in a savory seasoning, green beans, and Fresh seasonal vegetables.
  (Box lunch: Ham and Cheese sandwich, Pasta salad)

**DINNER**
- Carved Roast Beef Au Jus, Marinated Lemon Herb Chicken Breast, rice pilaf, mashed potatoes & gravy, cauliflower, green peas, and homemade rolls

### TUESDAY
**LUNCH**
- Spaghetti and meatballs, Chicken Breast in a Creamy Mushroom Sauce served over Pasta, broccoli spears, sautéed corn, and garlic bread.
  (Box lunch: Club Sandwich, Potato salad)

**DINNER**
- Carved turkey breast with cranberry sauce, Brown Sugar Glazed Ham, sweet potato casserole, cornbread dressing, buttered corn, Brussels sprouts, and homemade rolls

### WEDNESDAY
**LUNCH**
- Hamburger, Chicken Skewers, potato wedges, baked beans, and Fresh seasonal vegetables.
  (Box lunch: Ham and Cheese Sandwich, Pasta Salad)

**DINNER**
- Grilled Sirloin Tips, Potato Crusted Cod Fillets with herbal butter, macaroni and cheese, green beans fried okra, rice and homemade rolls

### THURSDAY
**LUNCH**
- Southwestern Baked Chicken, Country Fried Steak, mashed potatoes, chicken gravy, California-blend vegetables, and baby butter beans
  (Box lunch: Turkey and Cheese Sandwich, Coleslaw)

**DINNER**
- Thuba’s Lasagna, Italian Sausage, scalloped potatoes, broccoli spears, buttered carrots, pasta tossed to order with Alfredo or Marinara sauce, garlic bread, and homemade rolls

### FRIDAY
**LUNCH**
- Seared Roasted Garlic & Herb Tilapia, Fried Wings, macaroni and cheese, black-eyed peas, and a Pacific vegetable blend
  (Box lunch: Club Sandwich, Potato Salad)

**DINNER**
- Carved Hickory Smoked Barbecue Pork Spare Ribs, Fried Catfish, creole rice baked potato, mixed vegetables, coleslaw, hushpuppies, and homemade rolls

### SATURDAY
**LUNCH**
- Beef Pot Roast, Grilled Pork Chop, yam patties, green bean casserole, and a Capri vegetable blend

**DINNER**
- Fajita Bar, Seasoned Taco Meat, Chicken Fajita Meat, Pork Tamale, Peppers and Onions, Mexican Rice, Refried Beans, Corn Souffle, Soft and Hard Tortillas

*Saturday lunch and dinner & Sunday lunch only available when classes are in session*